## 1889 Foundation Pennsylvania Rural Arts Alliance Creative Health Impact Grant Awards 2020-2021 Year

Organization Name	County of Project	Grant Award Amount	Project Title and Description
Boys and Girls Club of Somerset County	Somerset	\$4,699	<b>Mindfulness Matters:</b> Mindfulness classes will aim to teach children positive coping mechanisms and how to deal with everyday stress. Each lesson will include how to release emotions through music, movement, dancing, singing, journaling, and speaking.
Laurel Highlands Historical Village	Cambria	\$4,091	Music for Veterans with PTSD and Other War-Related Issues: Veterans will be given the opportunity to learn musical instruction from a professional group with a public concert finale.
Community Arts Center of Cambria County	Cambria, Somerset	\$4,422	<b>Insightful Art</b> : An outreach initiative that caters to the blind and visually handicapped community by providing Arts4Wellness classes as a means of communication, self-expression and emotional release.
1901 Church, Inc	Cambria	\$4,367	<b>JSO/TGH Up Close</b> : A collaborative partnership between 1901 Church and the Johnstown Symphony Orchestra to begin a chamber series at the Grand Halle allowing disadvantaged students to have the opportunity meet professional musicians, listen to them, talk about their art and hear them perform "up close".
Laurel View Village - Exercising Heart and Soul	Cambria, Somerset	\$5,528	<b>Exercising Heart and Soul</b> : Residents will partner with artists for the purpose of helping the residents create artwork to place along the walking trail to be enjoyed by them and their families.

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Laurel View Village - Music and Memory for All	Cambria, Somerset	\$5,418	<b>Music and Memory for All</b> : This program's success of using music for communication for individuals with dementia will be expanded to include individuals experiencing other types of cognitive loss.
Learning Lamp	Cambria	\$4,422	<b>Positive Behaviors Interventions Initiatives Phase 3</b> : This program will restore children's social-emotional development by linking a slate of new and more intensive therapeutic arts strategies to establish core social-emotional learning competencies. Projects are hands-on and will include working with clay, painting, and yoga.
Mount Aloysius College	Cambria, Somerset	\$2,580	<b>Opening Minds Through Art</b> : Promotes social engagement, autonomy, and dignity of people with dementia through small group sessions with trained volunteers. The programs will be held at Laurel View Village and Richland Woods Assisted Living.
Small Town Hope, Inc.	Cambria, Somerset	\$5,473	<b>Backpack Design Project</b> : An artist-led class for ages 7-15 where they will design and create their own wearable backpack. While learning about fashion design, participants will deconstruct old backpacks to see how they are made and for inspiration of their own backpack design.
TOTAL		\$41,000	